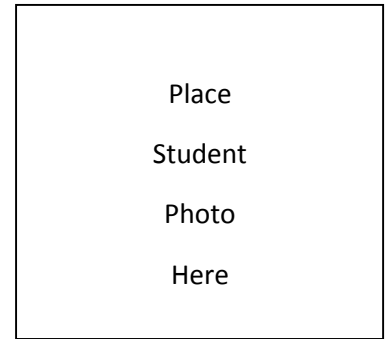


Healthcare Provider Anaphylaxis Action Plan

St. John Paul II Catholic Schools



Student's Name: _____ Date of Birth: _____
School: _____ Grade: _____

Allergic to: _____

Does the student have asthma? Yes *Higher risk for sever reaction

The child is allergic by the following ways of exposure:

- Direct contact (touching) Ingestion (if eaten) If bitten/stung
 In the air (inhalation) other _____

Medication/Dosage:

Epinephrine: (inject into the thigh) EpiPen® EpiPen® Jr.

Antihistamine or other medication: give _____

Student has been instructed and may administer his/her own epinephrine: Yes No

Plan of care:

If student has ingested the food allergen or has been stung by the allergen, but **NO SYMPTOMS** are present then (check all that apply):

- Administer Antihistamine Administer EpiPen®
 Monitor the student and treat according to the development of the following symptoms:

Any SEVERE SYMPTOMS after suspected or known ingestion:

One or more of the following:

LUNG: Short of breath, wheeze, repetitive cough
HEART: Pale, blue, faint, weak pulse, dizzy, confused
THOAT: Tight hoarse, trouble breathing/swallowing
MOUTH: Obstructive swelling (tongue and/or lips)
SKIN: Many hives over the body

Or **combination** of symptoms from different body areas:

SKIN: Hives, itchy rashes, swelling (e.g., eyes, lips)
GUT: Vomiting, diarrhea, crampy pain



1. INJECT EPINEPHRINE IMMEDIATELY

2. Call 911 (& parents/guardians)
3. Begin monitoring (see Box below)
4. Give additional Medications*
 - a. -Antihistamine
 - b. -Inhaler (bronchodilator) if Asthma

*Antihistamines & inhalers/bronchodilators are not to be depended upon to treat a severe reaction (anaphylaxis). USE EPINEPHRINE.

MILD SYMPTOMS ONLY:

MOUTH: Itchy mouth
SKIN: A few hives around mouth/face, mild itch
GUT: Mild nausea/discomfort



1. Give Antihistamine
2. Stay with the student; contact parents/guardian
3. If symptoms progress (see below) USE EPINEPHRINE

Monitoring after injection of EpiPen®

Stay with student; alert healthcare professionals and parent. Tell rescue squad epinephrine was given. Note time when epinephrine was administered. A second dose of epinephrine can be given 5 minutes or more after the first if symptoms persist or recur. For a severe reaction, consider keeping student lying on back with legs raised.

Even if parent/guardian cannot be reached, do not hesitate to medicate and call 911!

Other instructions for school personnel: _____

Healthcare Provider signature: _____ Date: _____

Healthcare Provider name printed: _____