

Weekly Practice Schedule						
September 7th through September 11th						
Virtue of the Week: Cooperation						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9/7/20	9/8/20	9/9/20	9/10/20	9/11/20	9/12/20
Varsity/JV B Soccer	Sid Cichy 4:00 - 6:00	GF RED RIVER (H) 5:00 and 7:00	Practice Field 4:00 - 6:00	FARGO NORTH (H) 5:00 and 7:00	Sid Cichy 4:00 - 6:00	
Varsity/JV Football	Sid Cichy 7:00 - 9:00	Practice Field 4:00 - 6:15	Sid Cichy 4:00 - 6:00	Practice Field 4:00 - 5:45	Fargo North (A) 7:00	
Freshmen Football	Sid Cichy 7:00 - 9:00	Practice Field 4:00 - 6:15	Sid Cichy 4:00 - 6:00	Practice Field 4:00 - 5:45	Fargo North (A) 7:00	
Varsity/JV G Golf	no practice	FCC 4:00 - 6:00	V: Kings Walk (A) 9:00am JV: Lincoln Park (A) 9:00am	FCC 4:00 - 6:00	FCC 4:00 - 5:30	
Varsity/JV Cross Country	no practice	HS: Lindenwood 4:00 - 6:00 MS: Mickelson Park 2:00	Lindenwood 4:00 - 5:30	ANDREW NELSON MEET (H) 1:00	Shanley 4:00 - 5:00	SULLIVAN XC MEET @ Shanley 9:00am
Varsity/JV B Tennis	no practice	V: IP 4:00 - 6:00 JVA: Kennedy 5:00 - 6:00 JVB: Kennedy 4:00 - 5:00	V: IP 4:00 - 6:00 JVA: Kennedy 5:00 - 6:00 JVB: Kennedy 4:00 - 5:00	Valley City (A) 4:00	V: IP 4:00 - 6:00 JVA and JVB: Davies 4:00	
Varsity Girls Swim & Dive	Fargo South 6:15 - 8:30	Fargo South 6:15 - 8:30	Fargo South 5:30am - 7:00am	Fargo South 5:30am - 7:00am	Fargo South 6:15 - 8:30	Hulbert (A) TBD
Varsity/JV Volleyball	TBD	DAVIES (H) 5:45 and 7:00	Gym 1 4:00 - 6:00	Gym 1 4:30 - 6:30	Gym 1 4:30 - 6:30	
C/9th Grade Volleyball	TBD	C: DAVIES (H) 4:30 9A: Davies (A) 6:15	Gym 2 4:00 - 6:00	Gym 2 5:00 - 7:00	Gym 2 5:00 - 7:00	
Cheer	Team Bonding 4:00 - 5:15	Practice 3:50 - 5:15	Poster Day 3:00 - 4:00	no practice	Fargo North (A) 7:00	
7th and 8th Football	no practice	Practic Field 4:00 - 6:00	no practice	Practic Field 4:00 - 6:00	Practic Field 4:00 - 6:00	
7th and 8th Volleyball	no practice	Gym 2 3:45 - 5:00	no practice	Gym 2 3:45 - 5:00	Gym 2 3:45 - 5:00	
Special Events				BBB: Open Gym 7:00		
Dismissal/ Departure	NO SCHOOL	MS Cross Country: dismiss 12:00	G Golf: depart 6:45	Cross Country: dismiss 11:00am B Tennis: 1:15/1:30		

NOTE: Practice times are subject to change. Coaches are responsible to notify players of any changes to this practice schedule.