

Weekly Practice Schedule						
October 12th through October 16th						
Virtue of the Week: Courage						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10/12/20	10/13/20	10/14/20	10/15/20	10/16/20	10/17/20
Varsity/JV Football	Sid Cichy 4:00 - 6:00	Sid Cichy 4:00 - 6:15	Sid Cichy 4:00 - 6:00	Sid Cichy 4:00 - 5:45	Davies (A) 7:00	
Freshmen Football	JV: DAVIES (H) 7:00 9: DAVIES (H) 5:00	Sid Cichy 4:00 - 6:15	Sid Cichy 4:00 - 6:00	Sid Cichy 4:00 - 5:45	Davies (A) 7:00	
Varsity/JV Cross Country	Oak Grove 4:00 - 6:00	Lindenwood 4:00 - 6:00	Lindenwood 4:00 - 6:00	Oak Grove 4:00 - 6:00	Shanley 4:00 - 5:30	
Varsity Girls Swim & Dive	Practice 6:15 - 8:30	Hulbert (A) 5:30	Practice 5:30am - 7:00am	Practice 5:30am - 7:00am	Practice 4:00 - 6:30	
Varsity/JV Volleyball	Gym 1 4:00 - 6:00	JV: Davies (A) 7:00	Gym 1 4:00 - 6:00	JV: NORTH (H) 5:45	Gym 1 4:00 - 6:00	
C/9th Grade Volleyball	Gym 2 4:00 - 6:00	C: Davies (A) 5:45 9: Davies (A) 4:30	Gym 2 4:00 - 6:00	C: NORTH (H) 4:30 9: North (A) 5:00	Gym 2 4:00 - 6:00	
Cheer	Practice 3:50 - 5:15	no practice	Poster Day 3:00 - 4:00	Practice 3:50 - 5:15	Davies (A) 7:00	
Special Events	Softball Meeting 6:00 GBB: 7:00		Religious Education	BBB: 7:00		
Dismissal/Departure						PSAT Exam: 8:00am

NOTE: Practice times are subject to change. Coaches are responsible to notify players of any changes to this practice schedule.