

Weekly Practice Schedule						
January 4th through January 8th						
Virtue of the Week: Respect						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1/4/20	1/5/20	1/6/20	1/7/20	1/8/20	1/9/20
Varsity/JV Girls BBall	Gym 1 6-8	Gym 1 6-8	Gym 1 4-6	West Fargo (A) 5:45 and 7:30	Gym 1 6-8	FARGO NORTH (H) 2:15 and 3:45
C Girls BBall	Gym 2 E 7:00 - 8:30	Gym 2 E 7:00 - 8:30	Gym 1 E 3-5	West Fargo (A) 4:15	Gym 2 E 7:00 - 8:30	FARGO NORTH (H) 1:00
Freshmen Girls BBall	Gym 2 5:30 - 7:00	Gym 2 5:30 - 7:00	Gym 1 W 3-5	Gym 2 4:00 - 5:30	Gym 2 5:30 - 7:00	
Varsity/JV Boys BBall	Gym 1 4-6	Gym 1 4-6	Gym 2 3-5	WEST FARGO (H) 5:30 and 7:15	Gym 1 4-6	Fargo North (A) 2:15 and 3:45
C Squad Boys BBall	Gym 2 W 7:00 - 8:30	Gym 2 W 7:00 - 8:30	Gym 2 5-6	WEST FARGO (H) 4:15	Gym 2 W 7:00 - 8:30	Fargo North (A) 1:00
Freshmen Boys BBall	Gym 2 4:00 - 5:30	Gym 2 4:00 - 5:30	Gym 1 2:10 - 3:00	9A: WAHPETON (H) 7:15	Gym 2 4:00 - 5:30	9A: West Fargo (A) 11:15 9B:
Cheer	no practice	Practice 3:50 - 5:15	Poster Day	WEST FARGO (H) 5:30 and 7:15	no practice	Fargo North (A) 2:15 and 3:45
Debate	Practice 3:30 - 5:00	Practice 3:30 - 5:00	Practice 4:00 - 5:30	Practice 3:30 - 5:00	Practice 3:30 - 5:00	SHANLEY (H) 11:30am
Fall Play	Dress Rehearsal 4-7	Dress Rehearsal 4-7	Dress Rehearsal 4-6	Dress Rehearsal 4-7	Fall Play	Fall Play
Special Events			Religious Education			
Dismissal/ Departure		B Hockey: TBD			G Hockey: TBD	
NOTE: Practice times are subject to change. Coaches are responsible to notify players of any changes to this practice schedule.						
			9G --> 9B --> CB --> CG			