

Weekly Practice Schedule						
Oct. 4-Oct 9						
Virtue: Prayerfulness						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10/4/21	10/5/21	10/6/21	10/7/21	10/8/21	10/9/21
Varsity/JV B Soccer	Practice 4-6:30 PM	Practice 4-6:30 PM	Practice 4-6:30 PM	State Tournament Jamestown	State Tournament Jamestown	State Tournament Jamestown
Varsity/JV Football	Practice 4-6. JV (H) GFC 7PM	Practice 4-6:30 PM	Practice 4-6	Practice 4-5:45. Team Meal 6PM	GFC (A) 4:30 PM	
9th Grade & JR. Hi Football	9 GFC(H) 5:00 PM 8A 8B Practice 4-6	Practice 4-6:30 PM	Practice 4-6	Jr. Hi 8A (A) 5:30 v. Carl Ben. 8B (A) v. Carl Ben 4:30	Practice 4-6	
Varsity/JV G Golf	State Tourney Edgewood	State Tourney Edgewood				
Varsity/JV Cross Country	Practice 4-6	Practice 4-6:30 PM	Practice 4-6	Practice 4-6	Practice 4-6	EDC at Valley City
Varsity/JV B Tennis	Practice Island Park 4-6	Practice Island Park 4-6	Practice Island Park 4-6	State Tournament Grand Forks	State Tournament Grand Forks	State Tournament Grand Forks
Varsity Girls Swim & Dive	Fargo South Practice 6:30-8:30	WF Packer Dual 6PM Hulbert	Fargo South 5:30-7:00 AM	Fargo South 6:30 PM-8:30 PM	Fargo South 5:30-7:00 AM	Davies Invite
Varsity/JV/9th grade Volleyball	Practice 4:30-6:30.	V, JV, C, 9: West Fargo (A) 4:30	Practice 4:30-6:30	Practice 4:30-6:30	Metro Volleyball Tourney	Metro Volleyball Tourney
Jr. High (7 & 8 grade) Volleyball	Practice 3:30-4:30. 8A Liberty MS (A) 5:00	7B (A) v. Heritage MS 4:00. 7A (A) Horizon MS 4:30	OFF	7A: Discovery(H) 4:30 PM. 7B: DGF (H) 5PM.	Practice 3:30-4:30	
Open Gyms	GBB Open Gym 6:30-8:30	BBB Open Gym 6:30 -8:30				
Special Events	AD at State Golf	AD at State Golf				
Dismissal/Departure	Golf All Day	Golf All Day		Soccer All Day	Football Dismissal 12:45 Bus 1:15PM Soccer All Day	

NOTE: Practice times are subject to change. Coaches are responsible to notify players of any changes to this practice schedule.