

Weekly Practice Schedule						
Jan 10-15						
Virtue: Foresight						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1/10/2022	1/11/2022	1/12/2022	1/13/2022	1/14/2022	1/15/2022
Boys BB V, JV	Practice Main Gym 6:00-8:00	AWAY v. Wahp JV 5:45, V 7:15	Practice Gym 2 4:00-6:00	Practice Main Gym 6:00-8:00	AWAY v. DL JV 4:15, V 5:45	MCMANUS TOURNEY
Boys BB C	Practice Gym 2 6:00-8:00	AWAY v. Wahp 4:15	Practice Main Gym 6:15 AM-7:30	Practice Main Gym 6:00-8:00	AWAY v. DL 7:15	MCMANUS TOURNEY
Boys BB 9th G	Practice Gym 2 6:00-8:00	AWAY v. Davies 6:00 PM	Practice Gym 2 3:00-4:00	HOME v. WF Gym 2 6:00 PM	Practice Gym 2 3:45-6:00	MCMANUS TOURNEY
Girls BB V, JV	Practice Main Gym 3:40-6:00	HOME v. Wahp, JV 5:45, V 7:30	Practice Main Gym 4:00-6:00	Practice Main Gym 3:45-6:00	AWAY v. DL JV 4:15, V 7:15	MCMANUS TOURNEY
Girls BB C	Practice Gym 2 4:30-6:00	HOME v. Wahp 4:30	Practice Main Gym 3:00-5:00	Practice Main Gym 3:45-6:00	AWAY v. DL 5:45	MCMANUS TOURNEY
Girls BB 9th G	AWAY v. VC 6:30 PM	AWAY v. Kindred 5:00 PM	Practice Main Gym 3:00-4:00	OFF	Practice Main Gym 3:45-6:00	MCMANUS TOURNEY
8th Grade BBB	Practice Gym 2 3:30-4:30	Practice 3:30-4:15 MAIN GYM	OFF	Practice Gym 2 3:30-4:30	Practice Gym 2 3:30-4:30	MCMANUS TOURNEY
7th Grade BBB	Practice Gym 2 3:30-4:30	Practice 3:30-4:15 MAIN GYM	OFF	Practice Gym 2 3:30-4:30	Practice Gym 2 3:30-4:30	MCMANUS TOURNEY
Custodians	Gyms after 8PM	Gym after 8:00	Gyms after 6:00	Gyms after Games	Gyms after 8:00	MCMANUS TOURNEY
Open Gyms						
COOPs If not listed look on ndhsaanow.com	JV HOCKEY v. WF @ South	Girls Hockey @ Det. Lakes 7PM		Wrest. @ WF 6:00	B. Hockey v. RR (H) 7:30	G. Hockey @ Jamest. 1:30 B. Hockey @ DL 3:15
Dismissal/Departure	GBB 9 bus 4:45 PM	BBB Bus 2:30 Dismissal 2:15 GBB 9 Bus 3:45			BBB/GBB Buses: Dismissal 12:30 Buses 12:45	

NOTE: Practice times are subject to change. Coaches are responsible to notify players of any changes to this practice schedule.