

Weekly Practice Schedule						
May 16-21						
Virtue: Honesty						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5/16/2022	5/17/2022	5/18/2022	5/19/2022	5/20/2022	5/21/2022
Baseball V/JV	Varsity Away v. Red River AT SHEYENNE 2pm	Varsity AWAY v. North JV HOME v. North at Jack 5PM/7PM	Varsity v. Davies @ WF 4PM 1-7 Varsity v. WF @ WF 2PM	Practice Jack 4-6	Varsity HOME v. VC 5PM 1-7 JV Tourney	JV Tourney
Baseball C	Practice Centennial	AWAY v. North at McKinley 5PM/7PM	Practice Cent.	Practice Cent.	HOME v. Horace 1-7 7PM	
Softball JV/V	Practice Davies #2 4-6PM	HOME v. Davies 4:30 PM JV 6:00 PM	Sid Cichy 3:30-6:00 Share with Soccer	Sid Cichy 6-8PM	Gym 2 4-6PM	AWAY at VCHS 10:30 AM
Boys Golf JV/V	JV: Osgood 4-5:30 V: FCC 4-6	JV Lincoln Golf Course 9AM V: Kings Walk 9AM	V: FCC 3:30-5:30 JV: Osgood 3:30-5	V: FCC 4-6PM JV Prairiewood 4-6	V: FCC 4-6PM JV Osgood 4-5:30 PM	
Girls Tennis JV/V	Practice V: Island Park 4-6 JV: Kennedy Elem 4-6	HOME v. Davies 4PM Island Park JV: Kennedy Elem 4PM	Practice Island Park 4-6PM JV: TBA	Practice Island Park 4-6PM JV: TBA	AWAY v. North 4PM JV @ North V@ Elephant Park	AWAY Shey. Invite TBA
Track/Field V/JH	AWAY VCHS 3PM	Practice Shanley Small Group at Kindred	MS Meet at Sheyenne 8AM	Practice TBA	EDC Track Grand Forks 3PM	JV Meet @ Shey. 10AM JV EDC
Girls Soccer JV/V	HOME v. Davies V: 5PM, JV 7PM	Practice Field 4-6PM	Sid Cichy 3:30-6PM Share with Softball	Sid Cichy 4PM-6PM	HOME v. GFC JV 5PM, V 7PM	
Weighlifting						
Open Gyms						
Dismissal/Departure	Baseball Dismissal Noon Track Dismis 11:34	Baseball Dismissal 3:00 PM Tennis Dismissal 2:30 PM Golf JV Dismissal ALL DAY Track 12:50	Bus MS Track 8AM		Track Dismissal 9:45 Breakfast at St. A&J Bus leave at Noon	Softball Bus 8:30

NOTE: Practice times are subject to change. Coaches are responsible to notify players of any changes to this practice schedule.