



From the JPII Catholic Schools Health Office 2022-2023

Dear Parents:

Happy new school year! Please see the below information regarding medications, medical, health, dietary needs, illness guidelines, and immunizations.

Medication information for ALL schools: The following information regarding medications is per the JPII Medication Administration Policy. Please note the limitations and requirements needed for the administration of all medications by school staff during the school day.

- No prescription or non-prescription (over the counter) medication will be administered by school staff unless prescribed by a licensed prescriber and/or an authorization is signed by a parent or legal guardian. Included in your back-to-school packet is the required Medication Administration Record form for the 2022-2023 school years that is required to be on file before any medication can be administered.
- Prescription medication **must** be in a container with a label prepared by a pharmacist. Non-prescription medication **must be in the original container labeled with the student's name and dosage.**
- All medication, prescription or non-prescription must be checked in at the school office.

Medication information for High School and Middle School:

- **Please return the Medication Administration Record form included in this packet for all students.** A new signed medication administration form is required each school year.
- Tylenol (Acetaminophen) and Ibuprofen is available at Shanley and Sacred Heart in the health office for students with signed form on file.
 - **The signed *grey area on the bottom* of the Medication Administration Record form is required for your child to receive school supplied Tylenol (Acetaminophen) and/or Ibuprofen.**
 - The indicated dosage for Tylenol (Acetaminophen) and/or Ibuprofen is to be completed. This form will be kept on file in the health office throughout the school year.
- Please complete the form and return it to the Shanley/Sacred Heart office prior to the start of school.
- Students are **not** allowed to carry medications with them during the school day unless a Parent Request For Medication Self-Administration form is completed and on file in the health office. This form is located on the JPII website or upon request from the health office. (Examples medications: inhaler for asthma, tums for acid reflux)
- Students with emergency medications
 - 6th-12th grade students are encouraged to carry their emergency medications listed on their Healthcare Provider Anaphylaxis Action Plan (care plan) with them at all times.
 - The Parent Request For Medication Self-Administration form located on the website or supplied by the health office must be completed.

Medication information for Elementary Schools:

- **Please return the Medication Administration Record form included in this packet for all students.** A new signed Authorization for Medication form is required each school year.
- Daily medication
 - If your child takes a daily medication, fill out the prescription medication section, including directions
 - Bring in the medication in the original prescription bottle

- Let the school office know if there are changes to your child's medication needs during the year.
- **Please only send Tylenol (acetaminophen) or Ibuprofen to school if it is needed for your child.** (Ex: they have chronic headaches, etc....) If your child is not feeling well, they should be at home per school policy.
- Students with emergency medications
 - Medications will be listed on the signed Medication Administration Record form and their Healthcare Provider Anaphylaxis Action Plan (care plan)
 - These medications will be kept in the student's classroom along with their care plan.

Health/Medical/Dietary:

- If your child has any allergies or medical conditions that require a care plan, please contact the JPII health office (email or call) before the start of the school year. We will discuss your child's needs and put together an emergency care plan for your child. This emergency care plan and information will be shared with their teachers.
- Healthcare Provider Anaphylaxis Action Plan form is located on the JPII website
- If your child has any special dietary needs, please contact us.
 - Medical Statement for Students with Allergies or Chronic Illness Who Require Special Dietary Accommodations/Awareness form is located on the JPII website.

Illness:

- If your child is ill, please keep them home per school policy.
- Policy includes but is not limited to:
 - If your child has a fever (oral temperature above 100.4°F) keep them home.
 - The child may return to school if they are fever free for 24 hours **without** the aid of fever reducing medications
 - If your child has vomited and/or has diarrhea, keep them home for 24 hours after the last time they vomited or had diarrhea, unless it is determined to be caused by a non-communicable condition and the child is able to remain hydrated and participate in activities.
- Child Care and School Infectious Disease/Exclusion Guidance located on the JPII and North Dakota Department of Health (NDDoH) websites.

Immunizations:

- All students are required to be fully immunized per the NDDoH immunization guidelines
- Complete and updated records should be given to the health office before the start of the school year (and shared as updated throughout the school year)
- Students that **do not have complete and up to date immunization records may be excluded from school per ND Public Health guidelines**
- Immunization exemptions:
 - Please return signed form regarding any exemptions for your student
 - Forms are available on the NDDoH website, your physician's office and on request from the health office.

Please feel free to contact me regarding any of the above information or any other reason throughout the year.

Thank you and I hope everyone has a safe, healthy, and fun school year!

Sincerely,

Dawn Storandt RN
 JPII Nurse
 701-893-3217